

Are you 65 years or older AND have asthma?

⇒ **Have you had a visit to the emergency room or been hospitalized in the past 12 months for asthma?**

⇒ **Are you enrolled in Commonwealth Care Senior Care Options?**

**If you said yes, you may qualify for the  
Pioneer Valley Asthma Coalition/Commonwealth Care Alliance  
Asthma Home Visit Program for Older Adults.**



For More Information or  
to Enroll:

**Contact your  
Commonwealth Care  
Manager**

**or call  
866-610-2273**

The Asthma Home Visit Program is a FREE service designed to help older adults gain control of their asthma.



Pioneer Valley Asthma  
Coalition

[www.pvasthmacoalition.org](http://www.pvasthmacoalition.org)

with support from  
*The Tufts Health Plan  
Foundation*

We can help you:

- Reduce asthma symptoms
- Reduce asthma triggers at home
- Learn how to correctly use asthma medication
- Learn the benefits of an asthma action plan
- Reduce unwanted doctor visits and hospitalizations

A health outreach worker will help patients learn how to address asthma triggers at home and reduce asthma symptoms.

**As part of this study, you will receive supplies including:**

- HEPA Vacuum Cleaner
- Bedding covers for your bed that help keep things away that might make asthma worse
- Educational materials